

Who Can Take the NRA Basics of Personal Protection Outside the Home Course?

The *NRA Basics of Personal Protection Outside The Home Course* is for adult individuals who are not disqualified from possessing a firearm as defined by applicable federal, state, or local law, and are of good repute. It is much more than just a routine shooting course, however, because it prepares individuals for the responsibility of carrying a personal protection firearm in public, it is important that participants have sufficient maturity and life experiences to be able to assess various situations and make mature, appropriate, decisions about those situations.

The *NRA Basic Personal Protection Series* is based on the building-block approach, moving from the simple to the complex.

The first course in this series is the *NRA Basic Pistol Shooting Course*, which develops in the students basic skills of handling, shooting, and cleaning the firearm, as well as a thorough grounding in firearm safety.

The second course in this series is the *NRA Basics of Personal Protection In The Home Course*, (which builds on the skills already learned in the *NRA Basic Pistol Shooting Course*). In this second course participants learn to use a defensive or flash sight picture, to fire both single shots and aimed pairs from various shooting positions (Weaver, Isosceles, kneeling, dominant or shooting-hand, support-hand, etc.), to shoot using a center-of-mass hold, to effectively use cover and concealment, and to employ point-shooting and multiple target engagement techniques. Also covered are techniques for improving awareness and promoting mental preparation, methods of enhancing home safety without a firearm, and the legal aspects of the use of deadly force in self-defense.

The third course in this series is the *NRA Basics of Personal Protection Outside The Home Course* (which builds upon the knowledge, skills, and attitudes learned in the *NRA Basics of Personal Protection In The Home Course*). Participants in this third course must possess the basic defensive pistol skills presented in the *NRA Basic of Personal Protection The Home Course*. Participants must also understand the basic legal concepts relating to the use of firearms in self-defense, and must know and observe not only general gun safety rules, but also those safety principals that are specific to defensive situations. Prospective participants can demonstrate that they have the requisite knowledge, skills, and attitudes by producing an *NRA Basic Personal Protection in the Home Course Certificate*.

BASICS OF PERSONAL PROTECTION OUTSIDE THE HOME COURSE

INTRODUCTION TO CONCEALED CARRY SAFETY AND THE DEFENSIVE MINDSET

- The importance of carrying and using a pistol responsibly and ethically for personal protection outside the home.
- How the three fundamental NRA rules for safe gun handling apply when carrying or using a concealed pistol outside the home.
- How the NRA rules for using or storing a gun apply when carrying or using a concealed pistol outside the home.
- Special safety considerations that must be observed when carrying or using a concealed pistol outside the home.
- The various techniques for storing a pistol safely outside the home.
- The four levels of awareness and how they apply to concealed carry outside the home.

INTRODUCTION TO SELF-DEFENSE AND CONCEALED CARRY

- The importance of mental preparation and developing the proper mindset for carrying and using a pistol for personal protection and facing a life-threatening encounter outside the home.
- Techniques for avoiding life-threatening confrontation outside the home.
- The psychological and physiological changes that may occur during an attack.
- The differences between having a firearm for personal protection in the home and carrying a pistol for personal protection outside the home.
- Techniques for controlling and responding to a violent encounter.
- The emotional, legal, and social aftermath of a defensive shooting outside the home.

LEGAL ASPECTS OF CONCEALED CARRY AND SELF-DEFENSE

- Explain the general rights and restrictions under laws permitting the carrying of concealed pistols for self-defense.
- State key legal provisions and restrictions pertaining to the use of deadly force outside the home.
- Explain potential criminal and civil legal actions that may be taken subsequent to a defensive encounter outside the home.
- Explain where the students may find detailed legal information for his or her specific jurisdiction.

CARRY MODES AND CONCEALMENT

- Identify the various pistol concealed carry modes and the benefits and limitations of each.
- Explain the basic principles of pistol concealment as they relate to the carrying of a pistol for self-defense outside the home.

PRESENTING THE PISTOL FROM CONCEALMENT

- Explain and demonstrate the technique for safely presenting a concealed pistol and re-holstering.

PRESENTATION, POSITION, AND MOVEMENT

- Present a concealed pistol and shoot targets in the center of mass:
 - After moving to a high barricade.
 - Engaging two targets.
 - Using aimed fire technique with the strong hand only.
 - Using point shooting technique with two hands.
 - Using point shooting technique with the strong hand only.

SPECIAL SHOOTING TECHNIQUES

- Present a concealed pistol, conduct speed reloading, clear stoppages of their pistols and shoot targets in the center of mass.

SPORT SHOOTING ACTIVITIES AND TRAINING OPPORTUNITIES

- Identify organizations, associations, clubs, and businesses that may help hone, enhance, and expand personal protection skills.
- Explain methods and precautions for dry-fire practice, including drawing from the holster.

COURSE REVIEW AND EXAMINATION

- Describe the programs, history and membership benefits of the NRA.
- Successfully complete the *NRA Basics of Personal Protection Outside the Home Course* written examination.