

He is Gentle and Humble in Heart

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"At that time Jesus answered and said, 'I thank You, Father, Lord of heaven and earth, because You have hid these things from the wise and prudent, and has revealed them unto babes. Even so, Father; for so it seemed good in Your sight.' All things are delivered unto Me from My Father; and no man knows the Son, but the Father; nor knows any man the Father, except the Son, and he to whomever the Son will reveal Him. Come unto Me, all you who labor and are heavy laden, and **I will give you rest**. Take My yoke upon yourself, and learn from Me; for **I am Gentle and humble (or lowly) in-the Heart**: and you **shall find rest** unto your souls. For My yoke is easy, and My burden is light." (Matthew 11:25-30)

I Am: from the Greek word **eimi** which means: I am; used by Jesus in reference to these attributes of Himself as being important: for his followers in finding rest for their souls, and for inward freedom and ease from the worries and problems of life.

Gentle: from the Greek word **praus** which means: gentle, gentleness, or meekness; properly: gentle-strength exercised with Spirit supplied self-control, and lacking harshness and unkindness. (from Bible-Hub: "The Greek word "**praus**" is often translated as "meek" or "gentle" in English. It describes a quality of character that is marked by humility and a gentle spirit. In the New Testament, "praus" is used to depict an attitude of submission to God's will, a willingness to endure injury with patience and without resentment, and a gentle approach towards others. It is not to be confused with weakness; rather, it is strength under control.")

Lowly: from the Greek word **tapeinos** which means: humble, or lowly; in position or spirit (in a good sense). Figuratively: the inner lowliness, or humility, that describes a person who depends on the Lord rather than one's self; being God-reliant rather than self-reliant! (from Bible-Hub: primarily denotes a state of humility or lowliness. It is used to describe a person who is humble in spirit, not seeking self-exaltation, and is often associated with a modest or unpretentious demeanor. In the New Testament, "**tapeinos**" is frequently used to highlight the virtue of humility as a characteristic of those who are righteous and favored by God.") In context: Jesus will lead, and guide, and teach His followers with firm gentleness and humbleness: in such a way that they find rest for their souls!

the Heart from the Greek words **te kardia** which mean: the heart; figuratively: the mind, character, inner self which shows who we really are; the center of our being from which proceed good, or evil, behavior: it is as Jesus said:

"A good man out of the good treasure of his heart brings forth that which is good; and an evil man out of the evil treasure of his heart brings forth that which is evil: for from the abundance of the heart his mouth speaks." (Luke 6:45)

(from Bible-Hub: "**kardia** is used metaphorically to refer to the inner self, encompassing the mind, will, emotions, and moral center of a person. It is not limited to the physical organ but represents the core of human identity and spiritual life. The heart is seen as the seat of thought, emotion, and decision-making, reflecting one's true character and intentions.")

A Paraphrase of (Matthew 11:29): "for I (Jesus) am Gently-strong and humbly-dependent (on God) within the inner being of (My) heart."

This Gentle and Lowly 'heart' nature of Jesus fulfills the prophetic word of God as follows:

"Rejoice greatly, O daughter of Zion; shout, O daughter of Jerusalem: behold, your King (speaking of Jesus) comes unto you; He is just, and having salvation; **Humble (lowly)**, and riding upon a donkey, and upon a colt the foal of an donkey. And I will cut off the chariot from Ephraim, and the horse from Jerusalem, and the battle bow shall be cut off: and He shall speak peace unto the nations; and His dominion shall be from sea even to sea, and from the River even to the ends of the earth." (Zechariah 9:9-10)

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The prophecy in Zechariah was fulfilled as follows:

"And when they drew near unto Jerusalem, and had come to Bethphage, near to the Mount of Olives, He (Jesus) then sent two disciples, saying unto them, 'Go into the village opposite you, and immediately you shall find a donkey tied, and a colt with her; loosen them, and bring them unto Me. And if any man says anything unto you, you shall say, 'The Lord has need of them;' and straightway he will send them. All this was done, so that it might be fulfilled which was spoken by the prophet, saying, '*Tell you the daughter of Zion, Behold, your King comes unto you, **humble**, and sitting upon a donkey, and a colt the foal of a donkey.*' (Zechariah 9:9) And the disciples went, and did as Jesus commanded them, and brought the donkey, and the colt, and put on them their cloaks, and they set Him upon it. And a very great multitude spread their garments in the way; others cut down branches from the trees, and spread them in the road. And the multitudes that went before, and who followed, cried, saying, 'Hosanna to the Son of David; blessed is He who comes in the Name of the Lord; Hosanna in the highest.' And when He had come into Jerusalem, all the city was moved, saying, 'Who is this?' And the multitude said, '**This is Jesus the prophet of Nazareth of Galilee.**' And Jesus went into the Temple of God, and cast out all those who sold and bought into the Temple, and overthrew the tables of the moneychangers, and the seats of those who sold doves, and said unto them, '*It is written, My house shall be called the house of prayer; but you have made it a den of thieves.*' " (Matthew 21:1-13) (quote is from Isaiah 56:7 & Jeremiah 7:11)

It is to be understood that what Jesus did then, in the Temple of God, was done in a self-controlled manner under the guidance of, and submission to His Father. This was a situation of Jesus being humbly God-reliant rather than self-reliant. Jesus further demonstrated His Gentle and Humble in Heart nature to His disciples as lessons to be 'learned from Him, and applied to their own lives. Please consider the following:

"Jesus knowing that the Father had given all things into His hands, and that He had come from God, and went to God; He rose from supper, and laid aside His garments; and took a towel, and girded Himself. After that He poured water into a basin, and began to wash the disciples' feet, and to wipe them with the towel with which He was girded. ... So after He had washed their feet, and had taken His garments, and had sat down again, He said unto them, 'Do you know what I have done to you? You call Me Master and Lord; and you say well; **for so I am**. If I then, your Lord and Master, have washed your feet; you also ought to wash one another's feet. **For I have given you an example, that you should do as I have done to you.** Truly, truly, I say unto you, 'The servant is not greater than his master; nor is he who is sent greater than he who sent him.' If you know these things, blessed are you if you do them." (Matthew 13:3-17)

"And James and John, the sons of Zebedee, came unto Him, saying, 'Master, we would that You would do for us whatever we shall desire.' And He said unto them, 'What would you that I should do for you?' They said unto Him, 'Grant unto us that we may sit, one on Your right hand, and the other on Your left hand, in Your glory.' But Jesus said unto them, 'You do not know what you are asking. Can you drink of the cup that I drink of; and be baptized with the baptism that I am baptized with?' And they said unto Him, 'We can.' And Jesus said unto them, 'You shall indeed drink of the cup that I drink of; and with the baptism that I am baptized with you shall be baptized. But to sit on My right hand and on My left hand is not Mine to give; but it shall be given to them for whom it is prepared.' And when the ten heard it, they began to be much displeased with James and John. But Jesus called them to Himself, and said unto them, 'You know that those who are considered rulers over the Gentiles exercise lordship over them; and their great ones exercise authority upon them. But it shall not be so among you; but whoever will be great among you, shall be your servant; and whoever of you will be first, shall be slave of all. For even the Son of Man (Jesus) came not to be served unto, but to serve, and to give His life as a ransom for many.' " (Mark 10:35-45)

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Fundamental to Jesus being Gentle and Humble in Heart, is His being humbly reliant on His Father, and submitted to fulfilling the Father's will in all obedience to the Father. Please consider the following:

"And Jesus said unto them, 'I am the Bread of Life'; he who comes to Me shall never hunger; and he who believes on Me shall never thirst. But I said unto you, 'That you also have seen Me, and have not believed. All whom the Father gives Me shall come to Me; and he who comes to Me I will in no wise cast out. For I came down from heaven, not to do My own will, but the will of Him who sent Me. And this is the Father's will who has sent Me: that of all whom He has given to Me, I should lose nothing, but should raise it up again at the last day. And this is the will of Him who sent Me, that **everyone who sees the Son, and believes on Him**, may have Everlasting Life; and I will raise him up at the last day.'" (John 6:33-40)

Even faced with His imminent death on the cross for our salvation, Jesus humbly submitted to His Father's will:

"And He came out, and went, as was His custom, to the Mount of Olives; and His disciples also followed Him. And when He was at the place, He said unto them, 'Pray that you do not enter into temptation. And He withdrew from them about a stone's throw, and kneeled down, and prayed, Saying, 'Father, if You are willing, remove this cup from Me: nevertheless **not My will, but Yours, be done**. And there appeared an angel unto Him from heaven, strengthening Him. And being in an agony he prayed more earnestly: and his sweat was as it were great drops of blood falling down to the ground.'" (Luke 22:39-44)

Finally please consider this exhortation from Paul the apostle of Christ Jesus:

"Let nothing be done through strife or vainglory; but in **lowliness of mind** let each esteem others better than themselves. Look not every man on his own things, but every man also on the things of others. Let this mind be in you, which was also in Christ Jesus: who, being in the form of God, thought it not robbery to be equal with God; but **made Himself of no reputation, and took upon Himself the form of a servant**, and was made in the likeness of men; and being found in fashion as a man, **He humbled Himself, and became obedient unto death**, even the death of the cross. Therefore, God also has highly exalted Him, and given Him a Name which is above every name; so that at the Name of Jesus every knee should bow, in heaven, and in earth, and under the earth; And that every tongue should confess that **Jesus Christ is Lord**, to the glory of God the Father."

 (Philippians 2:3-11)

Jesus is Gentle and Humble in Heart

Jesus says that we should take His 'Yoke' of Gentleness and Humbleness upon ourselves !

He said that His Yoke is easy, and that His Burden is light !

He said by doing this we shall find rest for our souls !

The Gentleness and Humbleness of Jesus was exemplified by the life He lived !!

He made Himself of no reputation, and took upon Himself the form of a servant !!

He humbled Himself, and became obedient unto death !!

Even by His death on the Cross !!

Thank You Jesus for being our Master who 'served' us so willingly !

Thank You Father for sending Your Son Jesus to be our Savior and Lord!!

Amen!! and Amen!!