In Jesus We have Rest

"Come unto Me, all you who labor and are heavy laden, and **I will give Rest to you**. Take My yoke upon you, and learn of Me; for I am meek and lowly in heart; **and you shall find Rest for your souls**." (Matthew 11:28-29)

"There remains therefore a **Sabbath-Rest** to the people of God. For he who has entered **into His Rest**, he also has ceased from his own works, as God did from His. Therefore, Let us **be diligent to enter into that Rest**, lest any man fall after the same example of unbelief." (Hebrews 4:9-11)

Rest: from the Greek word ***anapauso*** *(Mt. vs28)* a verb which means: giving-rest, as in Jesus "will give-rest to you"; whereas in vs 29: ***anapausin*** is a noun meaning rest; as in "rest for your souls". The root meaning of both is: rest, repose, cessation (from motion, business, labor, work, striving, etc...) often in a temporary sense; but in context: spiritually in a continual sense as in always abiding in Jesus; as He also said:

"Behold, the hour is coming, and has come, that you shall be scattered, every man to his own, and shall leave Me alone; and yet I am not alone, because the Father is with Me. These things I have spoken unto you, so that **in Me** you might **have peace**. In this world you shall have tribulation; but **be of good cheer**; I have overcome the world." (John 16:32-33)

Thus in Christ Jesus, a follower of Jesus will have peaceable rest, and even good cheer in the midst of tribulation. James wrote, "Count it all joy when you encounter various trials." (troubles, and temptations!) (see James 1:2)

Your Souls: from the Greek words ***psychais hymon*** which mean: your souls; speaking of the soul-life of persons , or inner-self, or inner being; a person's distinct identity, or unique personhood, i.e. an individual personality: the person who you are.

Rest: from the Greek word ***katepausin*** a noun which means: rest; to cause to rest, to cause to cease, to bring to a stop, to be still, to quiet down, to settle-down, to restrain, (to colonize to the point of achieving peaceful settlement: as in entering the promised land.

Sabbath-Rest: from the Greek word ***sabbatismos*** which means: Rest; or more precisely: a sabbath-rest; figuratively: the repose of believers in Christ Jesus, as in "There remains therefore a **Sabbath-Rest** to the people of God": an eternal Rest yet to come; (and not just speaking of the literal 7th day rest).

The analogy comes from when God rested after creating the Heavens and earth: "Thus the heavens and the earth were finished, and all the host of them. And on the seventh day God ended His work which He had made; and **He Rested** on the seventh day from all His work which He had made. And God blessed the seventh day, and sanctified it; because that in it He **had rested** from all His work which God created and made." (Genesis 2:1-3)

People of God: from the Greek words ***lao tou Theou*** which mean: the people of God; God's chosen elect saved and redeemed people in and through Christ Jesus. These are those who will inter into the glorious rest that comes to us in and through Christ Jesus our Lord.

In a sense, there are two kinds of Rest: the rest in Christ Jesus right now in the present; and future Eternal 'Promised-land' rest in Heaven!

In the present:

As Jesus said above: "Come unto Me, all you who labor and are heavy laden, and **I will give Rest to you**. Take my yoke upon you, and learn of Me; for I am meek and lowly in heart; **and you shall find Rest unto your souls.**" (Matthew 11:28-29)

In the future in Jesus:

"There remains therefore a **Sabbath-Rest** to the people of God. For he who has entered **into His Rest**, he also has ceased from his own works, as God did from His. Therefore, Let us **be diligent to enter into that Rest**." (Hebrews 4:9-11)

"But you have come unto Mount Zion, and unto the city of the Living God, **the heavenly Jerusalem**, and to an innumerable company of angels, to the general assembly and church of the Firstborn, who are written in heaven, and to God the Judge of everyone, and to the spirits of just men made perfect, and to Jesus the Mediator of the New Covenant, and to the blood of sprinkling, that speaks better things than that of Abel." (Hebrews 12:22-24)

"And there shall come forth a rod out of the stem of Jesse, and **a Branch (Jesus)** shall grow out of his roots; and the **Spirit of the LORD** shall rest upon **Him**, the spirit of wisdom and understanding, the spirit of counsel and might, the spirit of knowledge and of the fear of the LORD; ... The wolf also shall dwell with the lamb, and the leopard shall lie down with the kid; and the calf and the young lion and the fat-ling together; and a little child shall lead them. And the cow and the bear shall feed; their young ones shall lie down together; and the lion shall eat straw like the ox. And the nursing child shall play on the hole of the cobra, and the weaned child shall put his hand on the viper's den. They shall not hurt nor destroy in all My Holy Mountain. For the earth shall be full of the knowledge of the LORD, as the waters cover the sea. And in that day there shall be a Root of Jesse , who shall stand for a Standard of the people; **to Him** shall the Gentiles seek: **and His Rest shall be Glorious**." (Isaiah 11:1-2, ... 6-10)

"For the LORD has chosen Zion (Jerusalem); He has desired it for His habitation. **This is My Resting-place forever**; here will I dwell; for I have desired it. I will abundantly bless her provision; I will satisfy her poor with bread. I will also clothe her priests with salvation; and her saints shall shout aloud for joy." (Psalm 132:13-16)

"And I saw **a New Heaven and a New Earth**: for the first heaven and the first earth were passed away; and there was no more sea. And I John saw the Holy City**: New Jerusalem**, coming down from God out of heaven, prepared as a bride adorned for her husband. And I heard a great voice out of Heaven saying, 'Behold, the Tabernacle of God is with men, and **He** will dwell with them, and they shall be His people, and God Himself shall be with them, **and be their God**. And God shall wipe away all tears from their eyes; and there shall be **no more death, nor sorrow, nor crying**, nor shall there be any more pain; for the former things are passed away.' And **He** who sat upon the Throne said, 'Behold, **I make all things new**.' And He said unto me, 'Write, for these words are true and faithful.' " (Revelation 21:1-7)

The prophet of God who wrote the Letter of Hebrews wrote in some depth about the danger of losing out on God's Rest. Please consider the following:

"Therefore, **as the Holy Spirit says**, *'Today if you will hear **His** voice, harden not your hearts, as in the provocation, in the day of temptation in the wilderness; when your fathers tested Me, tried Me, and saw My works forty years.' Therefore, I was grieved with that generation, and said, 'They do always go-astray in their heart; and they have not known My ways.' So I swore in My wrath, '**They shall not enter into My rest**'* (Psalm 95:7-11). Take heed, brethren, lest there be in any of you an evil heart **of unbelief**, in departing from the living God. For we are made partakers of Christ, if we hold the beginning of our confidence steadfast unto the end; while it is said, '*Today if you will hear His voice, harden not your hearts, as in the provocation*.' For some, when they had heard, did provoke. Did not all who came out of Egypt by Moses? But with whom was He grieved forty years? Was it not with those who had sinned, whose bodies fell in the wilderness? And to whom swore He that they should not enter into **His rest**, but to those who did not believe? So we see that they could not enter in **because of unbelief**." (Hebrews 3:7-19)

"Let us therefore fear, lest, a promise being left us of entering into His Rest, any of you should seem to come short of it. For unto us the Good-news was preached, as well as unto them. But the word preached did not profit them, **not being mixed with faith in them** who heard it. For **we who have believed do enter into Rest**, as He said, '*As I have sworn in My wrath, they shall not enter into **My Rest***; although the works were finished from the foundation of the world. For He spoke in a certain place of the seventh day on this wise, '*And God did **rest** the seventh day from all His works' (Genesis 2:2)* And in this place again, '*They shall not enter into **My rest***.' Seeing therefore it remains that some must enter therein, and those to whom it was first preached did not enter in **because of unbelief**; again, **He** designates a certain day, saying in David, 'Today', after so long a time; as it is said, '*Today, if you will hear His voice, harden not your hearts' (Psalm 95:7-8)*. For if Joshua had given them **Rest**, then He (God) would not afterward have spoken of another day. **Therefore, there remains a Sabbath-Rest** to the people of God. For he who has entered into **His Rest**, he also has rested, from his own works, as God did from His. Therefore, Let us be diligent to enter into **that Rest**, lest any man falls after the same example **of unbelief**." (Hebrews 4:1-11)

Truly, for unbelievers theirs will be no eternal Rest:

Jesus said, "Not everyone who says to Me, 'Lord, Lord,' will enter the Kingdom of Heaven, but **only** he who does the will of My Father in Heaven. Many will say to Me on that day, 'Lord, Lord, did we not prophesy in Your name, and in Your Name drive out demons and perform many miracles?' Then I will tell them plainly, 'I never knew you; depart from Me, you workers of lawlessness!' (Matthew 7:21-23)

"And the smoke of their torment ascends up forever and ever: **and they have no Rest** day nor night, who worshiped the beast and his image. (Revelation 14:11)

Finally, please consider these words of encouragement:

"**Rest in the LORD**, and wait patiently for Him; fret not yourself because of him who prospers in his way, because of the man who brings wicked devices to pass. Cease from anger, and forsake wrath; fret not yourself in any wise to do evil. For evildoers shall be cut off; but those who wait upon the LORD, they **shall inherit the earth**. For yet a little while, and the wicked shall not be; and, you shall diligently consider his place, and it shall not be. But the meek shall inherit the earth; and shall delight themselves in the abundance **of peace**." (Psalms 37:7-11)

"Thus says the LORD, Stand-firm you in the Ways, and see, and ask for the old paths, where is the good Way, and walk therein, and **you shall find Rest for your souls**." (Jeremiah 6:16)

God said, "**Be still (rested), and know that I am God**." (Psalms 46:10)

In Jesus We have Rest for our Souls

Rest day-by-day as we abide in Him and He in us !
And in His Kingdom of Heaven Eternal Rest !
And within Him abundance of Peace !
Be still and Know He is God !
Always And Always !

Truly, Truly I believe in You always !
Your promises are indeed Faithful and True !
Lord Jesus, I look forward to Your Glorious Rest !!
Where there is no more death, sorrow, crying, or pain !!

Come Soon Lord Jesus !