

Our Gentleness and Humbleness

Pg 1

[List](#)

"But the Fruit of the Spirit is [Love](#), [Joy](#), [Peace](#), [Long-suffering](#) (patience), [Kindness](#), Goodness, [Faith](#), **Gentleness**, [Self-control](#); against such there is no law. And those who are Christ's have crucified the flesh with the affections and lusts. If we live in the Spirit, let us also walk in the Spirit." ([Galatians 5:22-24](#))

"I therefore, the prisoner of the Lord, beseech you that you walk worthy of the vocation with which you are called, with **all Humbleness and Gentleness**, with [long-suffering](#), forbearing one another **in love**; endeavoring to keep the unity of the Spirit in the bond of peace." (Ephesians 4:1-3)

Gentleness: From the Greek word ***prautes*** a noun which means: [Gentleness](#), Gentle-strength, [meek](#), (From ***praus***; [mildness](#) in temperament). As [a fruit of the Spirit](#), Gentleness is especially rooted together with the related fruit: Love, Kindness, Peace, Long-suffering, and Self-control; and is thus is a form of 'strength' in successfully dealing with areas of anger, conflict, discipline, etc. When dealing with other people Gentleness overcomes inward negative behavior that is harsh, cruel, meanness, ruthless, merciless, bitter, hard-hearted, heartless, unkind, unfeeling, etc.

Humbleness: From the Greek word ***tapeinophrosune*** a noun which means: [humbleness](#); [lowliness](#); humble-minded, lowliness of mind, humility; not proud, or arrogant, or haughty, in personal behavior. A readiness to esteem God and others above one's own self: in mind, heart, soul; and circumstances. Humbleness in this sense is of a proactive mindset, and not passive! It is as it says:

"Let nothing be done through Selfish-ambition or empty-pride; **but in lowliness of mind (humility)** let each [esteem](#) others held-above themselves. [Look not](#) everyone on their own things, but **everyone** (look) **also on the things of others**. Let [this mind](#) be in you, which **was also in Christ Jesus**." ([Philippians 2:3-4](#))

Jesus is our example in Gentleness and Humbleness:

"Come **unto Me (Jesus)**, all you who labor and are heavy laden, and [I will give you rest](#). Take [My yoke upon you](#), and [learn from Me](#); for **I am Gentle and Humble in heart**; and you shall find [rest unto your souls](#). For [My yoke is easy](#), and [My burden is light](#)." ([Matthew 11:28-30](#))

"Rejoice greatly, O daughter of Zion; shout, O daughter of Jerusalem: behold, **your King (Jesus)** comes unto you; **He is just**, and [having salvation](#); **Humble**, and riding upon a donkey, and upon a colt the foal of a donkey." ([Zechariah 9:9](#)) (fulfilled in [Matthew 21:1-11](#))

Jesus also taught about Humility and Gentleness:

"At that time the disciples came unto Jesus, saying, 'Who is the greatest in the Kingdom of Heaven?' And Jesus called [a little child](#) unto Himself, and set him in the midst of them, and said, 'Truly I say unto you, except you **are converted** (turned-back), and become as little children, [you shall not enter into the Kingdom of Heaven](#). Therefore, whoever **shall Humble himself** as this little child, **the same** is greatest in the Kingdom of Heaven.'" ([Matthew 18:1-4](#))

"Blessed are the [poor in spirit](#): for theirs is the Kingdom of Heaven. Blessed are those [who mourn](#): for they shall be comforted. **Blessed are the Gentle (Meek)**: for they shall inherit the earth. Blessed are they who do hunger and thirst [after Righteousness](#): for they shall be filled. Blessed are [the merciful](#): for they shall obtain mercy." ([Matthew 5:3-7](#))

Jesus said, 'What was it that you disputed among yourselves by the way?' But they held their peace; for along the way they had disputed among themselves, who should be the greatest. And He sat down, and called the twelve, and said unto them, '**If any man desires to be first, the same shall be last of all, and servant of all**.'" ([Mark 9:33-35](#))

"Nor be you called masters; for One is your Master, even Christ. But he who is greatest among you shall be your servant. And whoever shall exalt himself shall be abased; and he who shall **Humble himself** shall be exalted." ([Matthew 23:10-12](#))

"So after He (Jesus Himself) had washed their (His disciples) feet, and had put-on His garments, and had sat down again, He said unto them, 'Do you know what I have done to you? You call **Me Teacher and Lord**: and you say well; **for so I am**. If I then, your Lord and Teacher, have washed your feet; you also ought to wash one another's feet. For I have given you an example, **that you should do as I have done to you**. Truly, truly, I say unto you, the slave is not greater than his lord; nor he who is sent greater than he who sent him.'" ([John 13:12-17](#))

Gentleness and Humbleness are hand-in-hand attributes as mentioned above: "walk worthy ... with all Humbleness and Gentleness" - Please consider the following:

"And the servant of the Lord must not strive; **but be Gentle unto all men**, able to teach, forbearing-when-wronged; **in Gentleness** instructing those who oppose; if perhaps God will give them repentance to the acknowledging of the truth." ([2 Timothy 2:24-25](#))

"Yes, all of you be subject one to another, and **be clothed with Humility**; for God resists the proud, and gives grace to the Humble. Therefore, Humble yourselves under the mighty hand of God, so that He may exalt you in due time; casting all your care upon Him; for **He cares for you**." ([1 Peter 5:5-7](#))

"Who is a wise man and endued with knowledge among you? Let him show out of good behavior his works with **Gentleness of wisdom**. But if you have bitter envying and strife in your hearts, glory not; and do not lie against the truth. This wisdom descends not from above, but is earthly, sensual, devilish. For where envying and strife is, there is confusion and every evil work. But the wisdom **that is from above** is first pure, then peaceable, **Gentle, and easy to be intreated**, full of mercy and good fruits, without partiality, and without hypocrisy. And the fruit of Righteousness is sown in peace by those who make peace." ([James 3:13-18](#))

To those who are walking in pride and arrogance James writes: "Do you think that the scripture says in vain, 'With jealousy yearns the Spirit who dwells in us?' But He (God) gives greater grace. Therefore it says, 'God opposes the proud, but gives grace unto the humble'" ([Proverbs 3:34](#)). Submit yourselves therefore to God. Resist the devil, and he will flee from you. Draw near to God, and He will draw near to you. Cleanse your hands, you sinners; and purify your hearts you double-minded. Be afflicted, and mourn, and weep; let your laughter be turned to mourning, and your joy to heaviness. **Humble yourselves** in the sight of the Lord, and **He shall lift you up**." ([James 4:5-10](#))

"Brethren, if a man be overtaken in a fault, you who are spiritual, restore such a one **in the Spirit of Gentleness**; considering yourself, lest you also be tempted. Bearing you one another's burdens, and so fulfill the Law of Christ." ([Galatians 6:1-2](#))

"Put them in mind to be subject to principalities and powers, to obey magistrates, to be ready to every good work, **to speak evil of no man**, to be not brawlers, **but Gentle**, showing all Gentleness unto all men." ([Titus 3:1-2](#))

"Therefore, put on, as the elect of God, holy and beloved: tender mercies, kindness, Humbleness of mind, Gentleness, long-suffering; **forbearing** one another, and forgiving one another, if any man has a quarrel against anyone; even as Christ forgave you, so you do also. And above all these things **put on Love**, which is the bond of perfectness. And let the Peace of God rule in your hearts." ([Colossians 3:12-15](#))

Words of Wisdom on Humbleness from the Psalms and Prophets:

"For thus says the High and Lofty One (God) who inhabits Eternity, whose Name is Holy, 'I dwell in the High and Holy-place (Heaven), also with him who is of a contrite and **Humble spirit**, to revive the spirit of the **Humble**, and to revive the heart of the contrite ones. For I will not contend forever, nor will I be always angry: for the spirit should fail before Me, and the souls I have made.'" ([Isaiah 57:15-16](#))

Humble: From the Hebrew word **anaw** a noun which means: humble, or meek; denotes those who, by choice or circumstance, live in lowliness before God and others; sometimes within poverty and oppression.

"You who fear the LORD, **praise Him**; all you the seed of Jacob, **glorify Him**; and **fear Him**, all you the seed of Israel. For He has not despised nor abhorred the affliction of the afflicted; nor has **He** hid His face from him; but when he cried **unto Him**, **He heard**. My praise shall be of You in the great congregation; I will pay my vows before those who fear **Him**. **The Humble** shall eat and be satisfied; they shall praise the LORD **who seek Him**: your heart shall live forever." ([Psalms 22:23-26](#))

"Show me Your ways, O LORD; teach me Your paths. Lead me in Your truth, and teach me; for You are the God of my Salvation; on You do I wait all the day. Remember, O LORD, Your tender mercies and Your loving-kindnesses; for they have been forever. Remember not the sins of my youth, nor my transgressions; according to Your mercy remember me for Your goodness' sake, O LORD. Good and upright is the LORD; therefore He will teach sinners in the way. The **Humble (meek)** He will guide in judgment: and **the Humble** He will teach His way. All the paths of the LORD are mercy and truth unto such as keep His covenant and His testimonies." ([Psalms 25:4-10](#))

"Seek you the LORD, all you **Humble of the earth**, who have upheld His judgment; seek Righteousness, **seek Humbleness**; so it may be: you shall be hidden in the day of the LORD'S anger." ([Zephaniah 2:1-3](#))

"He heals the broken in heart, and binds up their wounds. He tells the number of the stars; He calls them all by their names. **Great is our Lord**, and of great power; His understanding is infinite. The LORD lifts up the Humble; he casts the wicked down to the ground. Sing unto the LORD with thanksgiving; sing praise upon the harp unto our God: " ([Psalms 147:3-7](#))

Our Gentleness and Humbleness

He who Humbles himself as a little child, the same is greatest in the Kingdom of Heaven !
Put you on Tender Mercies, Kindness, Humbleness of mind, and Gentleness !
In Lowliness of mind let us each esteem others above ourselves !
To be first, we must be last of all, and servant of all !
We must be Gentle unto all men !
And clothed with Humility !
In Christ Jesus !!

You LORD lift up us who are Humble !
Show us Your ways, O LORD; teach us Your paths !
You O LORD dwell in the High and Holy-place – even Heaven !
You also dwell with those of us who are of a contrite and Humble spirit !

All Praise to You ~ All Glory to You ~ All Honor to You !!!
Father – Son – and Holy Spirit !!!
Amen and Amen !!!