

**LENT**, a time to prepare to be reborn at **Easter**, with deeper love for God and others. The traditional lenten practices are **prayer, fasting and almsgiving**.



**40 Days** is symbolic in the Bible

**Prayer**

Personal prayer, spiritual study, weekday Mass, the Rosary, the Stations of the Cross

**Fasting**

**Ash Wednesday** and **Good Friday** are days of fast for Catholics, 18-59 years of age. A Church day of fast is a day on which one eats only one full meal. Two lighter meals may be taken, but together they should not equal a full meal. Also, one abstains from eating between meals.

**Ash Wednesday**, all **Fridays** in **Lent** and **Good Friday** are also days of abstinence for Catholics 14 years of age and older. A day of abstinence is a day on which one eats no meat.

**The Weekdays of Lent** – no obligation to fast, but voluntary acts of self-denial are encouraged.



**Almsgiving or, Good Deeds**

Prayer and fasting should help God's love to grow within in us.


**RITE OF ELECTION** – At the 11:00 AM Mass today, Sunday, March 1<sup>st</sup>, one adult and one teenager who are preparing for Baptism at Easter will go through the Rite of Election. From then until their Baptism they will be known as “the elect”.

At that Mass, there will also be special rites for another adult who will come into full Communion with the Catholic Church at Easter and at least one other teenager who, at Easter, will be confirmed and make their first Holy Communion.

**RELIGIOUS EDUCATION NEWS!**

 Classes for Grades K-10  
9:45-10:45 AM Today 

**COFFEE & DOUGHNUTS**

Every Sunday after the 8:30 AM Mass in the Church Hall – Everyone is invited. 

**STATIONS OF THE CROSS:**

- Friday, March 6<sup>th</sup> – 6:30 PM
- Friday, March 13<sup>th</sup> – 5:30 PM
- Friday, March 20<sup>th</sup> – 6:30 PM
- Friday, March 27<sup>th</sup> – 5:30 PM
- Friday, April 3<sup>rd</sup> – 6:30 PM
- Good Friday, April 10<sup>th</sup> – 5:30 PM



**BREAK-FAST SUPPERS** will be held every Friday of Lent after the Stations of the Cross. They are a wonderful way to keep Lent as a community. You don't have to sign up, just come!

- Everyone tries to fast a little extra on the Fridays of Lent – anything from not eating between meals to a stricter fast.
- Each person or family brings a meatless food, such as, tuna casserole, homemade cole-slaw or dessert to share.
- A brief, special “grace-before-meals is recited together”
- Money saved by fasting that day is put into the family's rice bowl to fight world hunger.

**OPERATION RICE BOWL** combines the three Lenten activities of prayer, fasting and almsgiving (good deeds).



**Prayer** – People can place the rice bowl on their dinner table where they say grace before meals.

**Fasting** – They put into their rice bowl any money they save by eating more simply during Lent.

**Almsgiving** – At the Mass of the Lord's Supper on Holy Thursday, a collection is taken up for the poor. The money collected in the rice bowls should be put into that collection. This money will be sent to Catholic Relief Services to fight world hunger.

**INSTRUCTIONS IN THE FAITH**



- This is for anyone who would like to learn more about the Catholic Faith, including those who have never been baptized, those who were baptized in other denominations, and Catholics who would like to learn the Faith better.
- If interested, please call the Parish Office, 674-9625, as soon as possible, so that the best time to hold the classes can be determined.

**SWIM NIGHT**

- For all children in Grades K-6
- Saturday, March 14<sup>th</sup> – Attend 5:00 PM Mass together. Enjoy pizza dinner in Church Hall. Go to the S-E Central School for a swim. Return to St. Malachy's by 8:15 PM.
- Free
- Children in 2<sup>nd</sup> Grade and younger must be accompanied by a parent or other responsible adult.
- Permission Form signed by a parent must be put in box on large table in back of Church by March 8<sup>th</sup>.
- Blank permission forms are on the same large table.

**OVERNIGHT FAST TO FIGHT WORLD HUNGER**



- ★ By St. Malachy's 7<sup>th</sup>-12<sup>th</sup> Grade students, beginning at 6:00 PM Saturday, Mar. 21<sup>st</sup>, in the Church Hall.
- ★ They will see a short video on world hunger, pray together, do a lot of fun activities, stay up late and be hungry.
- They will be soliciting pledges for each hour they fast.
- The boys will sleep in the Church Hall, and the girls will sleep upstairs in the Church.
- They will attend the 8:30 AM Mass together and then enjoy a breakfast prepared by our Knights of Columbus.
- Part of the money they raise will go to our own Food Pantry and the rest to Catholic Relief Services.
- Once a student has turned in a permission form, they will receive their pledge form.
- Pledges can not be collected until after the Fast.

**ALTAR ROSARY SOCIETY MEETING**

Wednesday, March 11<sup>th</sup>, at 6:30 PM, beginning with the recitation of the Rosary in the Church. All women of the parish are invited.

**KNIGHTS OF COLUMBUS MEETING**

Wednesday, March 11<sup>th</sup>, at 7:00 PM, in the Payne House.

**THE ANNUAL BLACK & NATIVE AMERICAN COLLECTION** will be taken up today. Please put your Black & Native American envelopes in the regular collection. Thank you.

**40 DAYS FOR LIFE** is a national campaign to end abortion. It will take place from Ash Wednesday, Feb. 25<sup>th</sup>, through Palm Sunday, April 5<sup>th</sup>, in 123 cities throughout the nation. On each day, in each of those cities, there will be a twelve hour (7:00 AM-7:00 PM) vigil of prayer and peace in front of an abortion clinic.

Anyone who would like to be a part of the Syracuse Chapter of 40 Days for Life should sign up in the vestibule. People may sign up to pray in front of the Planned Parenthood Clinic in Syracuse for one hour per week or, instead, to spend one hour of prayer “for life” at home. People are also encouraged to fast in some way on the day of their hour of prayer. Jane Schultz will coordinate transportation for anyone who signs up to go to Syracuse. If you would like more information, please call Jane at 334-7060.

**LENTEN FISH FRY!**

- Friday Evenings of Lent
- 5:00-7:00 PM – Holy Family School Cafeteria, 17 Prospect St. (St. Paul's Church) Norwich
- Baked or Fried Fish, Baked or Mashed Potato, Soup, Salad, Cole Slaw, applesauce, roll, homemade dessert, hot and cold beverages.
- Adults \$8.00, Seniors (60+) \$7.00, Children 5-12 \$6.00, Children under 5 Free.
- Take outs are available from 4:30-6:00 PM, all take out dinners are \$8.00. Call 337-2208 to order.

*St. Anthony, St. Anthony, please look around, something is lost and cannot be found.*

*St. Anthony, St. Anthony, please look around, something is lost and cannot be found.*

*St. Anthony, St. Anthony, please look around, something is lost and cannot be found.*

*Please help me find \_\_\_\_\_.*

**MEMBERS OF ST. MALACHY'S CHURCH WHO DIED DURING THE MONTH OF MARCH:** Jesus said, "For He is not the God of the dead, but of the living, for to Him everyone is alive." – Luke 20:38

- 1897 – Celleri Lent
- 1898 – Mary Mulligan, Jacob Gertz, John Leonard, Mary Egan
- 1900 – Lily Mulligan
- 1902 – Julia Galvin
- 1906 – James Cereig
- 1908 – Perry Macksey, James Ganely
- 1909 – Mrs. McCormack
- 1914 – Joseph Kirby
- 1916 – Dennis O'Connor, Mrs. Graveling
- 1918 – Mrs. James Brown
- 1919 – Thomas Pender, Joseph Favorito, Mrs. James Hogan, Mrs. Cole, Mary O'Brien
- 1925 – Margaret Gahn, Frances O'Connell
- 1926 – Ella Sullivan
- 1930 – Anthony Loda
- 1932 – John Dalton
- 1933 – Patrick Gaffney, Ellen Rowan
- 1934 – Frank Byrnes, Matthew Kazlaukas
- 1935 – Jacob Hafelin
- 1936 – Mary Moran, John Balmer
- 1937 – Catherine Doyle
- 1938 – Margaret Dalton
- 1939 – Margaret Harrington, Anna Kelly
- 1941 – James Barry, Mary Elizabeth Sepiello
- 1942 – Telka Blaszczyk, Mary Tiquin
- 1944 – Joseph Johnson
- 1945 – Bridget Carncross
- 1947 – James P. Noon
- 1949 – Edward Cahill
- 1950 – Dr. Joseph Kelly, Dennis Kelly, Paul Giaquinto
- 1951 – Mrs. Arthur Powell, Martin Sharki
- 1952 – Thomas O'Rourke
- 1953 – Dominic Stephens, Leah Furze
- 1954 – Mary Tiquin
- 1955 – John Craig
- 1958 – Julia Gaines Cahill
- 1962 – Mary Kanfoush, Michael J. Klockowski
- 1966 – Winifred Daniels, Francis Jeffrey
- 1967 – Albert Luley
- 1968 – Antonio Villante
- 1969 – Edward W. Pickley, Agnes C. Newman
- 1971 – James Byrne?, Ellen B. Gowan
- 1974 – Dennis Doyle, Marion Davidson, Martha

- Newman, Charles Burnski
- 1976 – Mary Moran, Floris Byrnes
- 1980 – Angelo Giaquinto
- 1981 – Anna Newman, Peter Greseck, Antonio Sastri
- 1983 – James Brancato, Lars Sundell
- 1984 – Francis James Miner
- 1986 – Vera Burski
- 1988 – Michael (Louie) Abbot
- 1990 – Donald Tomeselli
- 1991 – Anthony G. Otten
- 1992 – Mary Talbot
- 1994 – Virginia Sherwood, John Burchardt
- 1995 – Charles Fournier, Walter Moryl, James Wilkinson, William Dromgoole
- 1996 – Antoinette Eastwood, Agnes Casey, Barbara Smith
- 2001 – Francis Mettler, Frances V. Giaquinto
- 2002 – Mary Fargo
- 2003 – Anna Lawrence
- 2004 – Loie McNeil
- 2007 – Anastasia Mae Smith Tomaselli, Vincent Santa Maria, Anne L. Lawrence



**those who are ill and in need of our prayers:**

Rita Abbott, Genevieve Andrews, Gretchen Boise, Mary Box, Susan Connelly, Ann Cunningham, Louise Diamond, Bill Doyle, Ann Fernandez, Madeline Fetzko, Ann Giaquinto, Frank Giglio, Elwyn Goodier, Carmel Greenwood, Kathy Noon Hinton, Katie Hoefler, Kathlyn Hurley, Michelle Hutchkins, Jessica Jaquay, Bertha Klockowski, George Lewis, Lawrence Majka, Catherine Mastro, Kacie Matott, John McDaniel, Margaret McNulty, Lucas Mikalunas, Martin Mikalunas, Victor Mikalunas, Phyllis & George Miller, Margaret Minarik, Paul Mulligan, Bette & Tom Natoli, Doris Newman, Joseph O'Keefe, Ann Marie Plante, Mary Postiglione, Maria Romanowski, Theresa Romanowski, Ronald Sabre, Mike Sanner, Betty Seibert, Suzanne Sipala, Gregory Snyder, Rosa Spinelli, Marie Suydan, Ryan Tabolt, Michael Trask, Jerry & Coralie Ulatowski, Cody VanBuren, Michael Wassel, Priscilla Webb, Richard Wood, Jamie Zbydniewski.

**...and our priests:**

Fr. Lester, Fr. John Madden, Fr. Doug Cunningham, Fr. Tom Ward, Fr. Bob Dwyer, Bishop Moynihan, Bishop Costello, and Pope Benedict XVI

**...and our Seminarian:**

Jamie Schultz

**...and our religious Sister:**

Sister Mary Emmanuel Schultz, OP

**Pro-Life Crisis Pregnancy Center:** Bethany Christian Services 1-800-238-4269; Birthright 1-800-550-4900

**Post-Abortion Reconciliation And Healing:** Project Rachel 1-315-424-3737

**Natural Birth Regulation & Fertility Information:** The Couple To Couple League 1-513-471-2000; Pope Paul VI Institute 1-402-390-6600

**Traveling Mass Times:** 1-410-676-6000  
or [www.masstimes.org](http://www.masstimes.org)

**Catholic Information:** 1-800-MY FAITH

**PRAYER FOR VOCATIONS**

*The Bishop has asked that this prayer be prayed in every parish of the Diocese at every weekend Liturgy. At St. Malachy's, we do it after Holy Communion.*

God our Father, you sent your Spirit on the apostles to continue the mission of your Son, Jesus. We pray that you will now send your Spirit on our bishops, priests, deacons and religious, filling them with zeal to evangelize our people.

We pray for all who are presently discerning your call, those in vocational formation and those preparing them. We pray that you will bless our diocese with more priests and deacons, and religious congregations with new members.

Mary, our Mother and patroness, intercede for us that our pastoral needs may be fulfilled through Him who is Lord for ever and ever. Amen

*With Ecclesiastical Permission James M. Moynihan Bishop of Syracuse*

**LITURGICAL MINISTRY SCHEDULES**

	TIME	THIS WEEKEND	NEXT WEEKEND
<b>GREETERS</b>	5:00 PM	Valerie & Colleen Bradley	Cindy Gardiner & Margaret Mulligan
	8:30 AM	Rosemarie & Anastasia Tenney	Ellen Mettler & Ann Giaquinto
	11:00 AM	Judy & Sarah MacIntosh	Serafina & Francesca Magro
<b>LECTORS</b>	5:00 PM	Gretchen Bradley	Lynette McDaniel
	8:30 AM	Jeramie Yacono	Shirley Bendura
	11:00 AM	Susan Rogers	Stephen Dunshee
<b>HEAD USHERS</b>	5:00 PM	Cindy Gardiner	Tom McDaniel
	8:30 AM	Carlton Jaquay	Kevin Jenny
	11:00 AM	Paul Peschel	Linda Staley (Shannon & Stephanie)
<b>MINISTERS OF HOLY COMMUNION</b>	5:00 PM	Lawrence Zimmerman & Joe Sulton	Ellie Ferris & Lawrence Zimmerman
	8:30 AM	Mike Hurley & Tom Lane	Dick Toerner & Bob Fetzko
	11:00 AM	Deacon Bob & Sharon Farrow	Deacon Bob & Barrett Mikalunas