

The 2012 EPGXC Invitational: A Fast Tuesday Celebration  
Tuesday, September 25, 2011  
Furrow Farm, El Paso, IL

Entries: We will be using Jokisch Track & CC Services again for our entries, timing, and results. Log on to [www.jtrackcc.com](http://www.jtrackcc.com) to make your entries (Jokisch will confirm your entries within 24 hrs.). Send a copy to Coach Melick when you have them filled out, so I can keep them in my records. It cannot be emphasized enough to enter all possible athletes when registering online. ***There will be no race day additions allowed.***

Date: Tuesday, September 25, 2011  
Place: 1149 State route 251, El Paso, IL 61738

Times: Girls Varsity: 4:15 (limit 10 entries, uniform rules apply)  
Boys Varsity: 4:55 (limit 10 entries, uniform rules apply)  
Combined Open, 5:30 p.m. (unlimited entries, segregated results, uniform rules apply)

Course: All-grass course with rolling hills, straw bale barriers, logs, a creek-crossing, and a gravel drive to cross. There have been zero changes to the course from the previous year for the first time in race history!

Theme: Fast Tuesday will channel the spirit of Mardi Gras: zydeco and jazz music on the stereo; po' boys and gumbo in the concession stand; and great competition on the course. We've added four new schools in 2012, so prepare for intense competition and an intense display of school spirit.

Teams Invited: Athens, Clinton, Cornerstone, Delavan, Eureka, Fieldcrest, Heyworth, Illini Central, Mahomet-Seymour, Maroa-Forsyth, Morris, Olympia, Prairie Central, Princeville, Peru St.Bede, Decatur St.Teresa, TriValley, Pontiac, EPG, U-High (Normal)

We are always looking to extend our invitation to new teams, every high school runner deserves the opportunity to compete on this course. If you know of any coaches or teams who would enjoy this experience, have them contact me, and I will send them an invitation.

Camps: The shaded grass yard surrounding the house is suitable for Team camps.

Awards: Numbered shirts to top ten in each varsity race. Top 5 boys and top 5 girls will get shirts from open race. Trophies to top three teams in varsity races. Traveling "Team Spirit" trophy as voted on by Spirit Champion from previous year. "Gourd Award" to coach-elected top male and female athlete from each team.

Entry List: visit [www.jtrackcc.com](http://www.jtrackcc.com) to complete your online entries (confirmation of receipt of entries within 24 hrs.)

T-shirt Order: There will be a limited number of shirts for sale in the concessions stand, they usually sell out, so get there early.

BIBS: Race Bibs are back. I have outsourced timing of the meet to Jokisch. We will thus be using bibs.

Locker rooms: Portable toilets are available at race site. Showers are only available in the creek – bring your own soap.

Concessions: EPGXC will be operating a concession stand with snack food, beverages, and sandwiches. All coaches (even assistants if you are lucky enough to have them) are welcome to help themselves to the concession stand.

Furrow Euro: Registration forms for the Furrow Euro will be available on race day, and registration will be discounted \$5 for those who register at the EPGXC Invitational.

Results will be printed and posted out on site as soon as available (by concession stand). They will be sent to the Pantagraph and Journal Star. Jokisch will also post in his website. I will also be posting race summaries and pictures online on the EPGXC website the day after the race.

#### Course History

Year	Race	Male Winner, Time	Female Winner, Time
2006	EPGXCR	Alex Frye, Bishop Mac, 16:31	Tiffany Draughan, Athens, 21:00
2006	Furrow Euro	Johnny Reel, Congerville, 15:34	Nicole Kurtain, Normal, 19:34
2007	EPGXCR	Kody Nelson, Delavan, 17:04	Olivia Klaus, Eureka, 19:57
2007	Furrow Euro	Brandon Moen, Bloomington, 16:00	Julie James, Gridley, 21:31
2008	EPGXCR	Brian Peterson, Olympia, 17:13	Aimee Sims, Bishop Mac, 19:28
2008	Furrow Euro	Kevin Dockemeyer, 17:15	Carly Pederson, 21:13
2009	EPGXC Invitational	Sean Larsen, Cornerstone, 17:00	Aimee Sims, Bishop Mac, 19:08
2009	Furrow Euro	Mike Heffron, El Paso, 18:03	Stacy Turilli, Normal, 20:55
2010	EPGXC Invitational	Brian Scoggin, Gardner SW, 16:55	Ellen Devereux, St. Teresa, 19:43
2010	Furrow Euro	Michael Kouri, Peoria, 17:55	Julie James, Gridley, 19:06
2011	EPGXC Invitational	Zach Quinn, Heyworth, 16:33	Ellen Devereux, St. Teresa, 19:13
2011	Furrow Euro	Anton Vershay, 17:39	Shannan Supan, Carlock, 22:04

Due to circumstances beyond the Race Director's control, the course has been altered every year to fit that year's available terrain.

Questions/Comments: Address them to Michael Melick 309-532-4824 or [melickm@unit11.org](mailto:melickm@unit11.org)