

The 2011 EPGXC Invitational
Tuesday, September 27, 2011
Furrow Farm, El Paso, IL

CHANGES AS OF 2011 EVENT:

1. All races, ***including open***, must follow IHSA uniform regulations. Costumes are encouraged for spectators and non-participants, but we will be checking uniforms at the starting line for IHSA compliance.
2. We will be using Jokisch Track & CC Services for our entries, timing, and results.

Log on to www.jtrackcc.com to make your entries

(Jokisch will confirm your entries within 24 hrs.). Send a copy to Coach Melick when you have them filled out, so I can keep them in my records.

3. It cannot be emphasized enough to enter all possible athletes when registering online. ***There will be no race day additions allowed.***

Date: Tuesday, September 27, 2011

Place: 1149 State route 251, El Paso, IL 61738

Times: Girls Varsity: 4:15 (limit 10 entries, uniform rules apply)

Boys Varsity: 4:55 (limit 10 entries, uniform rules apply)

Combined Open, 5:30 p.m. (unlimited entries, segregated results, uniform rules apply)

Course: All-grass course with rolling hills, straw bale barriers, logs, a creek-crossing, and a gravel drive to cross.

Teams Invited: Athens, Bishop McNamara, Clinton, Cornerstone Christian Academy, Delavan, EPG, Eureka, Fieldcrest, Henry-Midland, Heyworth, Illini Central, Lexington, Olympia, Pontiac, Prairie Central, Decatur St. Teresa, Morris, Princeville, Tri-Valley.

Camps: The shaded grass yard surrounding the house is suitable for Team camps.

Awards: Numbered shirts to top ten in each varsity race. Top 5 boys and top 5 girls will get shirts from open race. Trophies to top three teams in varsity races. Traveling "Team Spirit" trophy as voted on by Spirit Champion from previous year. "Gourd Award" to coach-elected top male and female athlete from each team.

Entry List: visit www.jtrackcc.com to complete your online entries (confirmation of receipt of entries within 24 hrs.)

T-shirt Order: There will be a limited number of shirts for sale in the concessions stand, they usually sell out, so get there early. The theme for the shirt and the design will be sent in a later email, details are still being worked out.

BIBS: Race Bibs are back. I have outsourced timing of the meet to Jokisch. We will thus be using bibs.

Locker rooms: Portable toilets are available at race site. Showers are only available in the creek – bring your own soap.

Concessions: EPGXC will be operating a concession stand with snack food, beverages, and sandwiches. All coaches (even assistants if you are lucky enough to have them) are welcome to help themselves to the concession stand.

Furrow Euro: Registration forms for the Furrow Euro will be available on race day, and registration will be discounted \$5 for those who register at the EPGXC Invitational.

Results will be printed and posted out on site as soon as available (by concession stand). They will be sent to the Pantagraph and Journal Star. Jokisch will also post in his website. I will also be posting race summaries and pictures online on the EPGXC website the day after the race.

Course History

Year	Race	Male Winner, Time	Female Winner, Time
2006	EPGXCR	Alex Frye, Bishop Mac, 16:31	Tiffany Draughan, Athens, 21:00
2006	Furrow Euro	Johnny Reel, Congerville, 15:34	Nicole Kurtain, Normal, 19:34
2007	EPGXCR	Kody Nelson, Delavan, 17:04	Olivia Klaus, Eureka, 19:57
2007	Furrow Euro	Brandon Moen, Bloomington, 16:00	Julie James, Gridley, 21:31
2008	EPGXCR	Brian Peterson, Olympia, 17:13	Aimee Sims, Bishop Mac, 19:28
2008	Furrow Euro	Kevin Dockemeyer, 17:15	Carly Pederson, 21:13
2009	EPGXC Invitational	Sean Larsen, Cornerstone, 17:00	Aimee Sims, Bishop Mac, 19:08
2009	Furrow Euro	Mike Heffron, El Paso, 18:03	Stacy Turilli, Normal, 20:55
2010	EPGXC Invitational	Brian Scoggin, Gardner SW, 16:55	Ellen Devereux, St. Teresa, 19:43
2010	Furrow Euro	Michael Kouri, Peoria, 17:55	Julie James, Gridley, 19:06

Due to circumstances beyond the Race Director's control, the course has been altered every year to fit that year's available terrain.

Questions/Comments: Address them to Michael Melick 309-532-4824 or melickm@unit11.org