

October Newsletter

October Family Festival: Saturday, October 29th

Something fun for the whole family – Come dressed in a fun spirited costume and be ready to have FUN! There will be a variety of games and activities set up in the cafeteria, as well as, open gym space for shooting hoops. Dates: Oct 29th * Time: 7:00 to 9:00pm * Ages: All * Place: Northeast Range School * Cost: \$3 per person at the door



AUDITIONS

Tuesday, October 18th 3-5pm (meet in the cafeteria)

Northeast Range Community Theatre Presents:

"LAW & ORDER: Nursery Rhyme Unit

directed by Joseph Kaufenberg.

Due to incomplete construction in the Auditorium,
the Fall Community Education Production has been rescheduled:

National Red Ribbon Week

National Red Ribbon Week is the time for our Community to promote a drug free way of life in school and throughout the community. During this week there will be activities geared towards students and adults of all ages to increase drug awareness. Help support these activities by wearing a red ribbon and participating in the activities. Watch the local newspaper for a list of activities, dates and times. Parents check your student's backpack for informational flyers and a "Pledge to be Drug Free" contract! Dates: October 22-30

After School Movie: Zookeeper

Register by October 11th

Stay after school and "GO TO THE MOVIES." The cost is \$3 and will include popcorn, a beverage and a treat. Everyone must register for the movie by October 11th to see the show. (10) Registrations are needed for the show to go on. Students will NOT be permitted to attend showing without parental signed release form or permission slip. Bring a pillow or blanket if you want to sit on the floor. All ages are welcome – students under the age of 6 need to be accompanied by an adult or responsible sibling. Date: October 13th * Time: 3:15-5:00p * Ages: All * Place: Meet in Media Center * Cost: \$3 per person.

Friday Night Movie: Green Lantern

November 3rd

"GO TO THE MOVIES" the cost is \$3: includes popcorn and a can of soda. Concession stand will be open. Students must be 13 years and older unless accompanied by parent. Bring a pillow or blanket if you want to sit on the floor. Date: November 3rd * Time: show starts at 7p * Ages: 13+ * Place: Northeast Range School Cafeteria * Cost: \$3 per person.

Family Swimming and Pool Parties

Have your next birthday party or family get together at the Northeast Range School Pool and Cafeteria. Gymnasium is available for an additional charge. For pricing, available dates and more information contact Joseph Kaufenberg Community Education Coordinator.

Nature Outing

(Students, Adults & Community Groups)

Let Community Education Plan your next school or group Nature Outing with Herbalist, Tracy Cersine. Enjoy a Great Fall Day walking through the woods. Activities can be adjusted to fit any age group or skill level. Call Community Education for more information.

Plant Walk & Herbalist Methods: Go for a walk in Babbitt's beautiful woods and learn to identify plants and possible uses for them. Focus will be on how herbalists use plants to treat bee stings and cuts, as well as, how to make teas for various ailments and some wild foods found in nature. In addition, there will be simple instruction on terms herbalists use and how to apply them. Cost starting at \$3 per person (includes lunch or snack).

Make Your Own Herbal Salve: Go for a short walk in the woods to collect a few plants that will be used to make a natural salve. Return to the classroom and make the salve with a combination of other simple ingredients. Participants will go home with a large tin of homemade herbal salve. Cost starting at \$3 per person (includes snack and cost of supplies).

Myofascial Release Therapy

Register by Friday, October 21st

Sarah Schmidt, RN, will be instructing this alternative therapy class. Myofascial Release Therapy is a hands-on, one-on-one, therapy for the treatment of chronic pain, restrictions (scar tissue) and /or lack of range of motion. The therapy works with the connective tissue of the body. Connective tissue is a tough fibrous and gel structure that holds everything in the body in place. If the gel dries up or the fibrous area becomes thickened then normal function is reduced and pain may occur. The therapy is good for people wishing to regain a feeling of wellness that comes with easing of restrictions or pain. Others may find a benefit from the therapy if they are trying to avoid surgery or reduce medications. The class will describe how Myofascial Release Therapy works and time is allowed for demonstrations. Class begins at 6:30 and will last approximately 1 and 1/2 hours. If you have any questions prior to class, please call Sarah Schmidt 218-750-2524. Register by Friday, October 21st (5) registrations needed to hold course. Date: Oct 25th * Time: 6:30-8:00 * Place: meet in the Northeast Range School cafeteria * Cost: \$3.00 Registration Fee

Northeast Range 'Sprouts' Enrichment Program (LR/K-6)

This vibrant learning program will provide a safe and secure environment for LR/K-6 grade students after school. Students will participate in a variety of educational activities including arts and crafts, games, computer and story times. Students will also have time on the playground and in the gymnasium that will keep everyone active. There will be After School Homework Time to help students develop good study habits. A healthy snack will be provided after school, students are asked to bring a water bottle with their name on it. Students are welcome to join us after school M, T, Th, F 3-6p and W 2-6p. Note: if school closes early for weather or if school is cancelled, the program will be closed. All paperwork must be completed before enrollment; fees must be paid the FRIDAY before each week. Registration signup in the Media Center M-Th 3-6p with the YA Coordinator (Jennifer or call 827-3625). Students signed up for "SPROUTS" will meet in the cafeteria daily and then go to planned activity centers. Daily schedule will be posted in cafeteria. Fees: \$5.00 per session (families with more than one child enrolled will have a sliding fee scale for additional children: first child \$5.00 per session, second child \$4.00 per session, third child \$3.00, each child thereafter \$2.00).



Lifeguard Training Register by October 17th

This class will cover the life savings techniques required for lifeguard certification. The program will include classroom and in water training. The primary purpose of the Red Cross Lifeguard program is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to emergencies and to provide care for injuries and sudden illnesses until emergency medical services (EMS) personnel arrive and take over. Candidates must be able to swim 300 yards continuously using a combination of front crawl and breaststroke. Must be 16 yrs old by the last date of class, must attend ALL sessions and PASS a written and skills tests. Minimum of 8 students are required to hold the course. Deposit and pre-registration is required by October 17th. Contact Community Ed for more information and to register. Dates: October 29, November 5 & 12 * Time: 9:00 to 5:00 * Ages: 16+ * Place: Classroom and Swimming Pool: meet in the cafeteria on the first day. Cost: \$250 (includes course materials, lifeguard certificate, and Red Cross and instructor fees) Call the City of Babbitt Parks and Recreation Department for information about programs that can help cover the cost of lifeguard training 827-3464.

**COMMUNITY EDUCATION HAS CURRENT
LIFEGUARD POSITIONS OPEN – GET CERTIFIED
AND START WORKING RIGHT AWAY!**

Northeast Range Media Center

Adult (18+)

The Media Center will be available for ALL Adult Community Members to use M, T, Th 6-8p. A \$10 quarterly fee is requested to help cover the cost of the Media Center Guide. Registered Guests will receive a Media Pass after payment and paperwork is completed. Register with Media Center Guide M, T, Th 6-8p or with the Youth Activity Coordinator M-Th 3-6p. Northeast Range Media Center will be Open to the Public after Oct 15. Watch local publications for specific dates.

Students (7-12)

The Media Center will be available for students to use for educational and entertainment purposes. Students are encouraged to get together with their classmates and study. Study groups and students 7-12 are welcome to use the media center M, T, Th 3-6p and W 2-6p. The Youth Activities Coordinator will be available to help if needed (see registration information below).

Students (5-6)

The Youth Activities Coordinator will be available to help 5-6 grade students with study and homework help. Students are welcome to come to the media center for educational assistance M, T, Th 3-6p and W 2-6p. Parent/guardian must make arrangements with YA Coordinator for this service (see registration information below).

Students Media Center Pass is required for students to use this facility after school hours, see Youth Activity Coordinator for more information. The Media Center is FREE to students (7-12). Registration paperwork must be signed prior to receiving a media pass and students must log in and out of the Center. Students riding the late bus (6p) must remain at the Media Center until dismissed, and students using other transportation must leave school grounds after checking out. Northeast Range Media Center will be Open to students after Oct 15, After School Youth 7-12 programs to meet in cafeteria temporarily.

Northeast Range After School Groups and Clubs (K-12)

CLUB Sign-up any time during Media Center Hours
see Youth Activity Coordinator.

Current Club List: Art Club (K-6 & 7-12), Photography and Film Club (7-12), Drama Club (7-12), Chess and Stacking Club (K-6 & 7-12), other clubs to be added if students show interest or make request.

Need More Information?

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