

The magic of springtime!

There is something truly magical about springtime. It is so wonderful to be able to go outdoors and feel the warmth of the sun, hear the sounds of the birds, and smell the damp wet earth as it makes way for new life. As I sit and stare down at a crocus bulb I can't help but feel alive with endless possibilities of new growth.

The sights & smells of spring stir up feelings of magic all around us. The kind of magic that takes place effortlessly without any pushes or pulls. We do not know what makes the trees grow, the birds sing or the flowers blossom, we just know that they do, we have accepted this as part of the dance that Mother Nature performs for us.

Observing the natural process and changes that take place in our flowerbeds and vegetable gardens is what makes this magical dance so fascinating. The dance of Mother Nature that beckons us to join her in creating something wonderful, something magical. Perhaps the reason for our favorite pastime being playing in the dirt to make things grow is because this is where we can truly tap into that natural magic.

When we open ourselves up to this experience, we become true to our own nature, our own natural magic. It is when we believe in limitations we stop this flow, this natural magic our own natural magic.

We constantly change, even when we resist, even when we think we are stuck we really are not. Just like the plant that you may have forgotten to water anticipating its sad outcome, surprisingly pushes its way through the soil. When we dance with the flow of the universe, dance with Mother Nature, and allow the energy to flow through us by both giving and receiving freely, we will in turn understand the process of life.