

# BASIC COURSE FOR PERSONAL PROTECTION IN THE HOME

## **INTRODUCTION TO DEFENSIVE SHOOTING:**

- using a firearm responsibly and ethically for personal protection
- develop the proper mindset for using a firearm for personal protection and facing a life-threatening encounter
- evaluate your state of mental awareness using the four levels of awareness
- explain the importance of mental preparation and physical training for a potential life-threatening confrontation

## **BASIC DEFENSIVE PISTOL SKILLS:**

- Demonstrate the fundamentals of defensive marksmanship
- Explain defensive accuracy
- Shoot targets in the center of mass using aimed shots – two handed standing position
- Show the difference between cover and concealment / show examples
- Shoot targets in center of mass:
  - Use flash sight picture
  - Use cover and concealment
  - From kneeling position
  - At close range using point aim

## **FIREARMS AND THE LAW:**

- Explain provisions of the law pertaining to the purchase, transfer, and possession of pistols
- State the key provisions and restrictions within the law pertaining to the use of deadly force
- Possible criminal and civil legal actions that may be taken against them subsequent to a defensive encounter
- Where may they find detailed legal information for their specific jurisdiction

## **STRATEGIES FOR HOME SAFETY AND RESPONDING TO A VIOLENT CONFRONTATION:**

- Strategies and methods to enhance their personal safety at home
- Strategies for responding to a potentially life-threatening encounter
- Importance of mentally preparing for the aftermath of a violent confrontation
- Methods for safely storing a personal protection pistol

## **SELECTING A PISTOL FOR SELF DEFENSE:**

- Criteria for selecting a pistol and ammunition suited to their individual self-defense needs.
- Identify the major carried designs available for practice and personal protection and explain the use, advantages, and the disadvantages of each type.

**SPORT SHOOTING ACTIVITIES AND TRAINING OPPORTUNITIES:**

- Identify organizations, associations, clubs, and businesses that may help them hone, enhance, and expand their personal protection skills
- Methods and precautions for dry-fire practice

**COURSE REVIEW AND EXAMINATION:**

- Complete the NRA Personal Protection in the Home Course written examination

# **MATERIALS AND REQUIREMENTS FOR THE IN HOME DEFENCE COURSE**

## **Prerequisites:**

Requires that you have completed the Basic Pistol Course or pass the pre-course assessment test.

Provide a target of 8" or pie shape of a target shot by you at 50 feet.

Must be at least 21 years of age and possess a legal State Pistol License.

## **Equipment needed:**

A firearm of 38 caliber or larger, used for carry conceal.

A carry conceal holster for your firearm.

At least 2 magazines or a speed loader for the revolver (Semi-automatics Preferred). Include a magazine holder for your belt.

Hearing and eye protection is mandatory.

You will need a least 100 rounds of ammunition for your firearm.

A jacket to conceal your firearm.

A binder for your class materials.